

Factsheet: *Leg Eight*

Sale Water Park to Urmston Beach



Description

Sale Water Park to Urmston Beach, and this is really a wonderful stretch-your-legs leg through the meadows.

Take care crossing the A56 (Chester Road) - use the underpass or the controlled crossing points

The Finish car park is just north of the bridge at Urmston Beach!

The shortest walking distance between the Start and Finish is 5.7km, but with 12 checkpoints the route stretches to about 8.1km.

Transport

Public

		Get on at	Get off at	Duration	Freq	Walk	Cost
To the Start	Metro	Market Street	Sale Water Park	22 mins	15mins	100m	£4
To the Finish	Train	Oxford Road	Urmston	9mins	60mins	900m	£5

By Car

At the Start cars can park at Jackson's Boat, the Metro station, TreeTop's café or at the Sale Water Sport's centre. There is a small car park on Old Eea Brook Lane just 60m north of the Finish.

Café and conveniences

Sale Water Park has the Jackson's Boat pub, TreeTops café and the Boathouse restaurant, but there is no café on Old Eea Brook Lane. However 700m to the north of the car park towards Urmston Station there is a variety of fast food including "housemade cake" at the Kin Bakehouse and Kitchen at 52 Gloucester Rd, M41 9AE

Safety

The only really hazardous stretch of road to cross is the A56 (The Chester Road). It must be crossed using the underpass or at the marked controlled crossing points. No ifs or buts, and remember that MapRun keeps a record.

Start and Finish in detail

Start

Post Code

Sale Water Park, Rifle Road,
near Jackson's Boat
M33 2LX

Feature

Gate



Finish

Post Code

Urmston Meadows
M41 9HF

Feature

On the bridge just South of
the the small car park on
Old Eea Brook Lane



Urmston Beach

